

Table of Contents

Social Services and Long Term Care

Introduction	1
Federal Regulations on Psychosocial Needs	2
Psychosocial Outcome Severity Guide	6
Possible Surveyor Psychosocial F-Tags	10
Resident Rights	11
Resident Rights Glossary	12
Resident Rights Regulations	13
Promoting a Therapeutic Environment	20

Cognitive Patterns

Guidelines for Cognitive Assessment	22
Brief Interview for Mental Status	26
Coding Section C of MDS 3.0	27
CAA Module for Cognitive Loss / Dementia	36
PDPM Calculation and Cognitive Patterns	37

Mood

Guidelines for Mood Assessment	38
Resident Mood Interview	42
Coding Section D of MDS 3.0	43
CAA Module for Mood State	52
PDPM Calculation and Mood	53

Behavior

Guidelines for Behavior Assessment	54
Coding Section E of MDS 3.0	59
CAA Module for Behavioral Symptoms	65
PDPM Calculation and Behavioral Patterns	66
Flow Sheet for Behavior	67
Flow Sheet for Behavior / Cognitively Impaired	68
QA Audit for Wandering Prevention	69

Customary Routine

Interview for Daily Preferences	70
Coding Section F of MDS 3.0	71

Psychotropic Medications

Guidelines for Psychotropic Medication Use	79
Potential Psychotropic Side Effects	84
Antipsychotic Medications Guidance	88
Antipsychotic Use Audit	92
Anxiolytic Medications Guidance	93
Anxiolytic Use Audit	95

Coding Section N of MDS 3.0	96
CAA Module for Psychotropic Drug Use	99
Quality Measures for Psychotropic Drug Use	100
Modified Abnormal Involuntary Movement Scale	101
Resident QA Audit for Psychotropic Drug Use	102
Facility QA Audit for Psychotropic Drug Use	103

Psychosocial Well-Being

Guidelines for Psychosocial Well-Being	104
CAA Module for Psychosocial Well-Being	105

Discharge Planning

Coding Section Q of the MDS 3.0	106
Guidelines for Return to Community Referral	109
CAA Module for Return to Community Referral	110

Skilled Charting Guidelines

Behavior	111
Cognitive Impairment	112
Depression	113

Care Plans

Blank Care Plan	114
Abusive, Physically	115
Abusive, Verbally	117
Anger	119
Antidepressant	120
Anxiety	121
Conflict with Family / Friends	123
Conflict with	124
Decision-making	125
Depression	126
Discharge Pending	128
Disordered Thinking / Awareness	129
Family Coping	130
Fear	131
Grief Over Lost Status / Roles	133
Hypnotic	134
Lithium	135
Manipulative Behaviors	136
MAO Inhibitor	137
Memory Problem	138
Non-compliance	139
Paranoia	140
Prefers Own Routine	142
Psychotropic Drug Use	143
Refuses to Eat, Drink	144
Rejects Care	145

Restraint 146
Room or Environment Change 148
Sensory Deprivation 149
Sensory Perception Altered 150
Sleep Pattern Disturbance 151
Smoking 152
Social Isolation 153
Socially Inappropriate 154
Strengths 156
Terminal Prognosis 157
Trauma 158
Tricyclic 160
Unhappy with Roommate / Other Resident 161
Wandering 162
Withdrawal from Care / Activities 164

Restraints

Alternatives to Restraint Use 165
CAA Module for Physical Restraints 167

Cognitive Impairments Inservice

Objectives and Outline 168
Pre-Test 169
Lesson Plan and Speaking Notes 170
Post-Test 174
Test with Answer Key 175

References