# Table of Contents

Introduction 1 Federal Regulations on Activities 2

### **Data Collection for Activities**

Data Collection 3
MDS Interview for Activity Preferences 6
Coding Section F of the MDS 3.0 7
Interview for Specific Activity Preferences 15
Data Collected from the MDS 16
Guidelines for Activity Preferences 19
Assessment for Activities 23
CAA Summary Documentation 27
Activities CAA Module 28

# **Care Planning for Activities**

Care Plan Basics 29
Problem Statements 31
Goals 32
Interventions 33
Individualizing the Care Plan 37
Disciplines 39
Evaluation 40
The Care Plan Conference 42
Types of Activities by Category 43

## **Activities Care Plans with Special Needs**

Blank Care Plan 47 Abusive, Physically 48 Abusive, Verbally 50 Activities, Dependent on Staff 52 Altered Sensory Perception 53 Anger 54 Anxiety 55 Cognitive Impairment 57 Conflict with Staff 58 Depression 59 Dexterity Impaired 60 Dietary Needs 61 Fall Risk 62 Hearing Impaired 63 Hoards Objects 64 Independent in Activities 65

Manipulative Behaviors 66 Medical Condition 67 Mobility Impaired 69 New Resident / Short Stay Resident 70 Pain 71 Paranoia 72 Past Roles 73 Prefers Own Routine / Unusual Routine 74 Religious / Spiritual Activity Preferences 75 Safety Awareness Deficit 76 Sensory Deprivation 77 Social Isolation 78 Socially Inappropriate Behavior 80 Speech Impaired 81 Strengths 82 Terminally Ill 84 Trauma 86 Vision Impaired 87 Wandering 88 Withdrawal from Care, Activities 89 Younger Resident 90

# **Quality Assurance for Activities**

Quality Assurance and Surveys 91
Care Plan Documentation Audit 95
Survey Questions, Resident 96
Survey Questions, Activities Staff 97
Refused Activity Log 98
Special Needs List 99
Dietary Needs List 100

#### **Activities Inservices**

Cognitive Impairment 101 Resident Rights 109 Sensory and Communication Impairments 116 Wandering 124

# **Source Documents**

Revised Activities Guidance 2006 132 Guidance to Surveyors for Activities 2017 148 Activities Critical Element Pathway 153

References iii