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The order of each inservice is:

Outline
Pre-Test
Handout Notes
Post-Test
Test Key

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Wheelchair Use Evaluation

Resident _____ Date _____

Ability to Participate in Program

	Adequate	Mild impairment	Severe impairment
Cognitive			
Communication			
Sensory			
Range of Motion			
Dexterity			
Motivation			
Balance			
Strength			

Task	Ability	Assistance required
Position correctly for posture and comfort		
Lock/Unlock brakes		
Attach/Reattach foot pedals		
Raise/Lower foot pedals		
Propel forward		
Propel backward		
Turn left		
Turn right		
Use safely		
Use assistive devices		

Distance able to propel self: ___ 0 ft. ___ 5 ft. ___ 10 ft. ___ 15 ft. ___ 20 ft.

___ To end of hallway ___ To end of hallway and back ___ To dining room and back

___ Anywhere inside facility ___ Inside and outside of facility

Notes: _____

Evaluation completed by _____ Date _____

RESIDENT _____

DATE	PROBLEM	GOAL	TO DATE	INTERVENTIONS	RESP DISC
	Ambulation with cane / quad cane to: Assist balance Widen base of support Decrease weight bearing Resident is on restorative nursing program to improve ambulation Related to: Balance problem Unsteady gait Weakness Limited endurance Lack of safety awareness Knowledge deficit Dizziness Pain Fracture Cognitive impairment Sensory impairment Uncontrolled movements Loss of voluntary movement Full weight bearing Partial weight bearing	Resident will ambulate with Cues / reminders Supervision Stand-by assist Assist of one Assist of two Resident will ambulate Daily Twice per day Three times per day Resident will ambulate 2 / 5 / 10 / 15 / 20 feet To dining room To bathroom Resident will demonstrate correct and safe use of assistive device Resident will be free of falls or injury		PT, OT evaluation as indicated Provide appropriate level of assistance to promote safety of resident Encourage resident to participate in ambulation, and praise accomplishments See Falls care plan Assist resident to sit on the edge of the bed for two minutes to assess for dizziness Assist resident in putting on socks and well-fitting nonskid shoes Walk on resident's weaker side, and encourage resident to hold cane with strong hand Walk in the same pattern as resident (both step with left foot at the same time) Walk resident only distance instructed by care plan Ask how resident is doing, and observe closely for dizziness, unsteady gait, impaired balance, or fatigue Instruct and assist resident to:	

				Hold cane in hand opposite weaker leg Slightly bend elbow when holding cane Keep cane close to body for support and balance Place cane about 4 inches to side of stronger leg Put weight on stronger side Move cane about 4 inches in front of stronger leg, bringing weaker leg forward at the same time Use cane to help keep weight off weaker leg, and move stronger leg ahead until heel is slightly beyond tip of cane Look straight ahead when walking When turning, take small steps – do not pivot Caution resident to: Not take a step unless cane is firmly on ground Not place cane too far forward Not take steps that are too big Not to carry heavy things when using cane Not use cane on stairs	
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