RESIDENT_			

DATE	PROBLEM	GOAL	TO DATE	INTERVENTIONS	RESP DISC
	Potential for decreased or disrupted activity participation related to	Resident will complete activities without pain		Discuss with resident activities that precipitate pain and what may reduce it Assist resident to choose activities that promote	
		Resident will verbalize comfort with activities		optimum comfort	
	Pain			Instruct resident about the role of distraction in pain relief	
	As evidenced by: Resident complains of pain			Unless contraindicated, time pain medication to allow the medication to take effect prior to an activity the resident enjoys	
	during activities			Monitor resident during activities for nonverbal signs of pain and discomfort such as Favoring one extremity, Guarding body part, Knees pulled up, Rocking, Rubbing body part, Wringing hands, Grimacing	
				Relaxation programs and activities: Music, Massage, Guided imagery	
				Bonding activities such as pet visit	
				Spiritual support and activities	
				Comfort food	
				Inform Nursing staff of resident discomfort	
				See Nursing care plan	