RESIDENT	

DATE	PROBLEM	GOAL	TO DATE	INTERVENTIONS	RESP DISC
	Medication, Self-administration Resident has a physician's order to self-administer medications: Inhaler Metered Dose Inhaler for Asthma	Resident will take medications safely and as prescribed Resident will demonstrate ability to take medications at correct dose, route, and time Resident will verbalize and demonstrate		Instruct resident to: Inhale medication into the lungs instead of the back of the throat Shake inhaler well before each use Apply and use spacer and holding chamber correctly Position inhaler correctly	
	Resident has been assessed by care plan team to be capable of self administration Resident demonstrates ability to: Follow simple directions Remember directions consistently Read prescription labels adequately Identify medications by appearance			Breathe out first through mouth before inhaling Take a slow, deep breath and depress chamber Hold breath 10 seconds afterward to allow medication to settle in lungs Clean chamber and spacer Resident to administer medications with supervision until self-administration abilities are verified Encourage resident to ask questions Review medication with resident weekly/monthly and as needed to re-assess abilities	

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