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RESIDENT _____

DATE	PROBLEM	GOAL	TO DATE	INTERVENTIONS	RESP DISC
	Social Isolation Potential for Low activity involvement Involved in activities less than one third of time History of shyness Withdraws Isolates Withdrawn from previous activity/interests/customary routines Isolates self in room/bed most of the day Demonstrates discomfort in social settings Verbalizes feelings of loneliness	Resident will verbalize satisfaction with activities and social contact Resident will demonstrate willingness and ability to interact with others in activities daily Resident will participate in one new activity per week		Assist resident to choose and to set goals for activities Use resident's strengths and preferred activities to select socialization settings After resident feels comfortable in one on one interactions, gradually increase participation in group interactions Begin with passive activities, and gradually increase active activities Give resident as many choices as possible Give positive feedback for participation in social activities Encourage contact with support system Draw on resident's strength: Small groups Activities in resident's room Invite to special events with a trusted peer or family/friend	

	Verbalizes desire for more socialization Spends most of time alone or watching television Prefers activities in own room Absence or personal contact with family/friends/other residents			Encourage volunteer-type work that begins in the room and needs to be completed outside of the room Failure-free activities, such as simple structured crafts or other activity with a friend; having the resident assist another person Encourage activities that give the resident a sense of value (e.g., intergenerational activities that emphasize the resident's oral history knowledge) Invite the resident outdoors Invite resident to participate on facility committees Provide activities just before or after meal time and where the meal is being served (out of the room) Provide in-room volunteer visits, music or videos of choice Involve in gross motor exercises (e.g., aerobics, light weight training) to increase energy and uplift mood See Social Services care plan	
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