

RESIDENT _____

DATE	PROBLEM	GOAL	TO DATE	INTERVENTIONS	RESP DISC
	<p>Medication, Self-administration</p> <p>Resident has a physician's order to self-administer medications:</p> <p>Inhaler</p> <p>Metered Dose Inhaler for Asthma</p> <p>Resident has been assessed by care plan team to be capable of self administration</p> <p>Resident demonstrates ability to:</p> <p>Follow simple directions</p> <p>Remember directions consistently</p> <p>Read prescription labels adequately</p> <p>Identify medications by appearance</p>	<p>Resident will take medications safely and as prescribed</p> <p>Resident will demonstrate ability to take medications at correct dose, route, and time</p> <p>Resident will verbalize and demonstrate understanding of:</p> <p>What each medication is supposed to do</p> <p>What foods, drinks and other medications should be avoided while taking each medication</p> <p>What the possible side effects are, and what should be done if they occur</p>		<p>Instruct resident to:</p> <p>Inhale medication into the lungs instead of the back of the throat</p> <p>Shake inhaler well before each use</p> <p>Apply and use spacer and holding chamber correctly</p> <p>Position inhaler correctly</p> <p>Breathe out first through mouth before inhaling</p> <p>Take a slow, deep breath and depress chamber</p> <p>Hold breath 10 seconds afterward to allow medication to settle in lungs</p> <p>Clean chamber and spacer</p> <p>Resident to administer medications with supervision until self-administration abilities are verified</p> <p>Encourage resident to ask questions</p> <p>Review medication with resident weekly/monthly and as needed to re-assess abilities</p>	