

Reviewer \_\_\_\_\_

Date \_\_\_\_\_

Policy and procedure outlines specific steps for risk assessment, risk prevention, post-fall assessment, interventions, and evaluation	Yes/No
Policy and procedure indicates specific forms for implementation of program	
Resident is considered high risk until admission fall assessment is done	
Fall risk assessment is done at admission	
Admission assessment includes evaluation of balance, strength, gait, transfer, and safety	
Restorative Nursing and Therapy departments are involved in assessments and fall interventions	
Fall interventions include programs to prevent functional declines, such as exercise and restorative programs for transfer, gait, and balance	
Facility policy states clear guidelines for high fall risk identification	
High fall risk identification is initiated as soon as residents are assessed at risk	
Staff is educated about fall risk identification program	
Facility has a restraint reduction program	
Staff education on falls includes instructions on restraint regulations, risks, and alternatives	
Falls care plan is initiated immediately when resident is identified as fall risk	
Falls care-planning includes all members of health care team	
Resident and family are instructed in fall prevention	
Risk reduction interventions include maximizing the resident's mobility and transfer abilities	
Environment is modified to reduce fall hazards	
Post-fall protocols are clearly outlined for follow-up, documentation, and monitoring	
Post- fall assessment is comprehensive	
New interventions are implemented after each fall	
Guidelines indicate protocols for filling out and following through with incident reports	
Medication review is done after fall	
Falls Committee membership consists of key department heads	
Each resident fall is recorded in the Falls Log	
Falls are tracked monthly by day, hour, location, and unit	
Falls statistics are analyzed to discern patterns	
When improvement or decline in facility rate of falls is noted, causes are investigated	
Plans of correction are written to decrease the facility's frequency of falls	
Staff is kept informed about level and frequency of falls month to month	