

Table of Contents

PRINCIPLES AND STANDARDS OF CARE PLANNING

| | |
|---------------------------------------|----|
| Introduction | 1 |
| Care Plan Basics | 2 |
| Components of the Care Plan | 5 |
| Individualizing the Care Plan | 8 |
| The Care Plan Conference | 9 |
| Care Conference Notes | 11 |
| Consistency of Documentation and Care | 12 |
| ADL/Nursing Assistant Care Form | 13 |

CARE PLAN TEMPLATES

Care plans are in alphabetical order.

| | |
|---|--|
| Blank Care Plan | |
| Abusive, Physically | |
| Abusive, Verbally | |
| Activities, Dependent on Staff | |
| Activity Intolerance | |
| Airway Clearance, Ineffective | |
| Allergies | |
| Allergies, Food | |
| Anemia | |
| Anger | |
| Angina | |
| Anxiety | |
| Blepharitis | |
| Blood Sugars, Unstable | |
| Breathing Patterns, Ineffective | |
| Cardiac Output, Decreased | |
| Cataracts | |
| Chewing Problem | |
| Cognitive Deficit, Decision-Making Impaired | |
| Cognitive Deficit, Disordered Thinking | |
| Cognitive Deficit, Memory Problem | |
| Colostomy / Ileostomy | |
| Communication, Hearing Impaired | |
| Communication, Speech Impaired | |
| Conflict with Family / Friends | |
| Conflict with Staff | |
| Constipation, Chronic | |
| Dental Care | |
| Depression | |
| Diarrhea, Chronic | |
| Discharge Pending | |
| Fall Risk | |
| Family, Coping Ineffective | |
| Fluid Volume Deficit | |
| Fluid Volume Excess | |

Gastrointestinal Discomfort
Grief over Lost Status, Roles
Hoards Objects
Hypertension
Hypotension
Hypothyroidism
Incontinence, Bowels
Incontinence, Functional Urinary
Incontinence, Stress Urinary
Incontinence, Urge Urinary
Knowledge Deficit
Manipulative Behaviors
Non-compliance
Obesity
Pacemaker
Pain
Pain, Cognitively Impaired
Paranoia
Parkinson's Disease
Physical Mobility, Ambulation
Physical Mobility, Bed Mobility
Physical Mobility, Locomotion
Physical Mobility, Range of Motion
Physical Mobility, Transfers
Prefers Own Routine
Refuses to Eat / Drink
Rejects Care
Restraint
Rheumatoid Arthritis
Room/Environment Change
Seizures
Self Care Deficit, Bathing
Self Care Deficit, Dressing and Grooming
Self Care Deficit, Eating
Self Care Deficit, Hygiene
Sensory Deprivation
Sensory Perception, Altered
Skin Breakdown
Skin Breakdown, Arterial Disease
Skin Breakdown, Vascular Disease
Skin, Fragile
Sleep Pattern Disturbance
Smoking
Social Isolation
Socially Inappropriate Behavior
Strengths
Swallowing Problem
Terminal Prognosis
Tracheostomy
Tube Feeding
Unhappy with Roommate / Other Resident

Urinary Retention / Urinary Catheter
Urinary Tract Infection, Potential
Visual Impairment
Wandering
Weight Loss
Withdrawal from Care / Activities

Medication Care Plans

Care plans are in alphabetical order.

ACE Inhibitor
Acetaminophen
Allergy, Cough, Cold Medication
Alpha Blocker
Antiarrhythmic
Antibiotic
Anticholesterol
Anticoagulant
Anticonvulsant
Antidepressant
Antidiabetic
Antihypertensive
Antiparkinsonian
Barbiturate
Beta Blocker
Calcium Channel Blocker
Digoxin
Fluoroquinolone
Glucocorticoid
Hematinic
Hypnotic
Iron
Lithium
MAO Inhibitor
Muscle Relaxant
Nitrate
NSAID
Opioid
Pain Medication
Phenothiazine
Platelet Inhibitor
Polypharmacy
Proton Pump Inhibitor
Psychotropic
Respiratory Medication
Self-Administration
Tricyclic Antidepressant
Urinary Incontinence Medication
Vancomycin

References