

Introduction

The ninety-five care plans in this book cover every nursing diagnosis and care plan problem that may be generated from the OASIS-C form. Terminology is based on OASIS-C language and nursing diagnosis definitions and classifications as outlined by the North American Nursing Diagnosis Association (NANDA). The care plan format follows the care plan standards from the American Nurses Association.

The first section of the book covers regulations and standards for care planning, care plan components, and Quality Measures and Outcome Measures.

Because the terminology of the care plans is based on OASIS-C language, it is very easy to see which care plans are triggered by the OASIS-C entries.

The care plans can be used for outlines of care, and are also extremely useful for teaching patients and caregivers.

Care plans are placed in the book alphabetically by problem title, and follow the list given in the Table of Contents.

All of the care plans and forms in the book are also on the CD.

When the CD is placed in a computer, the care plans can be opened in a word processor. Entries can be added or deleted to individualize the care plans.

Care Plan Standards and Regulations

Excerpts from OASIS-C Guidance Manual, September 2009 for 2010 Implementation, Appendix A, Centers for Medicare & Medicaid Services:

The comprehensive assessment must (1) identify the patient's continuing need for home care; (2) meet the patient's medical, nursing, rehabilitative, social, and discharge planning needs; and (3) for Medicare patients, identify eligibility for the home health benefit, including the patient's homebound status.

It should be noted that the data items in OASIS-C are not, in and of themselves, a complete or comprehensive assessment. Home health agencies will need to supplement the OASIS-C data items with others necessary for a full assessment. For example, the OASIS-C items do not include vital signs, assessment of breath sounds, or collection of data on fluid intake, which are part of a more complete assessment. Each agency will be expected to incorporate the OASIS-C items into its own comprehensive assessment documentation and related policies and procedures.