

PATIENT \_\_\_\_\_

DATE	PROBLEM	GOAL	TO DATE	INTERVENTIONS	RESP DISC
	<p>Dressing Lower Body</p> <p>Self Care Deficit</p> <p>related to</p> <p>Cognitive Deficits</p> <p>Weakness</p> <p>Impaired vision</p> <p>Impaired mobility</p> <p>Lack of fine motor skills</p> <p>As evidenced by:</p> <p>Unable to make appropriate choices of attire</p> <p>Impaired ability to put on / take off clothing</p> <p>Unable to reach lower extremities</p> <p>Able to dress lower body without assistance if clothing and shoes are laid out or handed to the patient</p> <p>Someone must help the patient put on undergarments, slacks, socks or nylons, and shoes</p> <p>Patient depends entirely upon another person to dress lower body</p>	<p>Patient will be dressed appropriately, well groomed, and comfortable</p> <p>Patient will assist with dressing and grooming by raising legs</p> <p>Patient will demonstrate ability to dress lower body</p>		<p>Assess patient's ability to Dress Lower Body (with or without dressing aids) including undergarments, slacks, socks or nylons, shoes</p> <p>OT / PT evaluation as indicated</p> <p>Assess need for and provide assistive devices such as long reacher, velcro, shoe horn</p> <p>Needs assistance from the primary caregiver:</p> <p>Several times during day and night</p> <p>Several times during day</p> <p>Once daily</p> <p>Three or more times per week</p> <p>One to two times per week</p> <p>Less often than weekly</p> <p>Instruct caregivers to:</p> <p>Encourage patient to participate in dressing, and praise accomplishments</p> <p>Assist only as necessary</p> <p>Give patient choices of attire</p> <p>Allow sufficient time for dressing and undressing</p> <p>Break tasks down into manageable segments</p> <p>Keep most frequently used items within reach</p> <p>Provide loose fitting clothing with easy fasteners</p> <p>Monitor for any changes in dressing ability</p>	